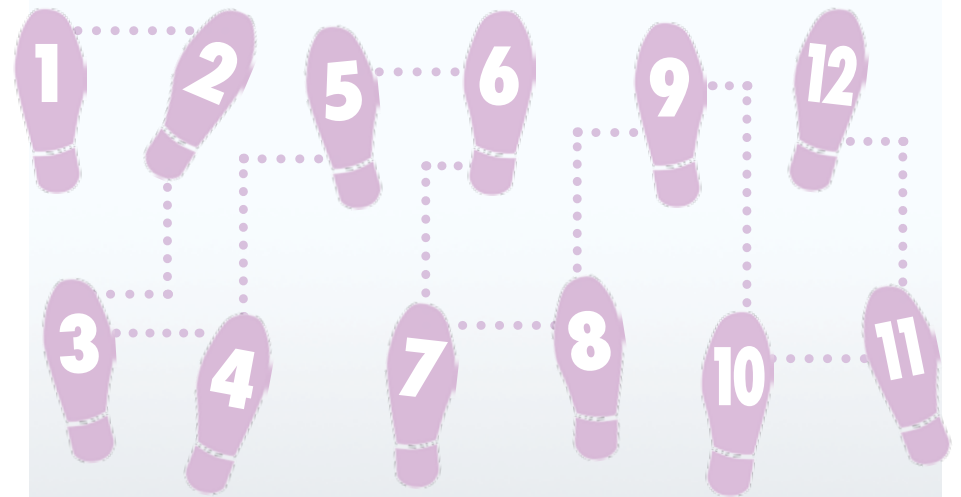


2019 AREA 64 CONVENTION
ALNWFL | AL-ANON | ALATEEN

Dancing 2 RECOVERY

FEB 1-3, 2019



Embassy Suites
Birmingham-Hoover

CONVENTION EVENTS*

AMAZON BALLROOM

FRIDAY:

8:00 – 9:30 PM **AL-ANON SPEAKER MEETING:**
AARON J. - Charlotte, NC

SATURDAY:

12:45 – 1:45 PM **ALATEEN MEETING:**
AMIAS Panel

2:30 – 4:00 PM **AA SPEAKER MEETING:**
MYERS R. - Dallas, TX

7:30 – 9:00 PM **AL-ANON SPEAKER MEETING:**
VANNOY S. - Justin, TX

SUNDAY:

9:30 – 10:45 AM **AL-ANON SPEAKER MEETING:**
BEVERLY B. - Lewisville, TX

* **NOTE:** The HOSPITALITY ROOM will be closed during these events.

REGISTRATION: (\$20/PERSON)

(LOCATED outside AMAZON BALLROOM)

FRIDAY, 4:30 – 8:30 PM

SATURDAY, 8:00 – 11:30 AM, 12:30 – 3:00 PM, 6:00 – 7:30 PM

SUNDAY, 8:30 – 9:30 AM (FEE: 1/2 PRICE)

HOSPITALITY (SUITES 927 & 928)

FRIDAY, 5:00 – 7:45 PM, 9:30 – 10:30 PM

SATURDAY, 8:00 AM – 12:45 PM, 4:00 – 7:00 PM, 9:00 – 10:00 PM

CONVENTION ACTIVITIES

AL-ANON WORKSHOPS:

A. “New to the Dance?”

Here’s a focus on newcomers. Join us for a discussion from that perspective. All are welcome.

NILE ROOM 2 (FRI: 6:30 – 7:30 PM)

B. “The Emotions of the Dance”

Emotional sobriety: What is it? How do we achieve it? What prevents it? Panelists share experience, strength and hope with negative and positive feelings.

NILE ROOM 1&2 (SAT: 8:15 – 9:30 AM)

C. “The Al-Anon Waltz”

One step leads to another. A fresh look at the 12 Steps with emphasis on God-reliance rather than self reliance.

AMAZON (SAT: 8:15 – 9:30 AM)

D. “C’mon Baby, Let’s Do the Twist”

All twisted up in your defects? What to do? How to work recovery with them.

NILE ROOM 1&2 (SAT: 9:45 – 11:00 AM)

E. “The Dance Instructor”

Sponsor/sponsee teams share how sponsorship works and what it’s done for them in recovery.

AMAZON (SAT: 9:45 – 11:00 AM)

F. “Happy Feet”

A look at gratitude in recovery and how it can positively impact each of our own programs.

NILE ROOM 1&2 (SAT: 4:15 – 5:15 PM)

G. “What’s My Dance Routine?”

How “working the steps” improves communication in recovery.

AMAZON (SAT: 4:15 – 5:15 PM)

AL-ANON WORKSHOPS Continued on Page 6

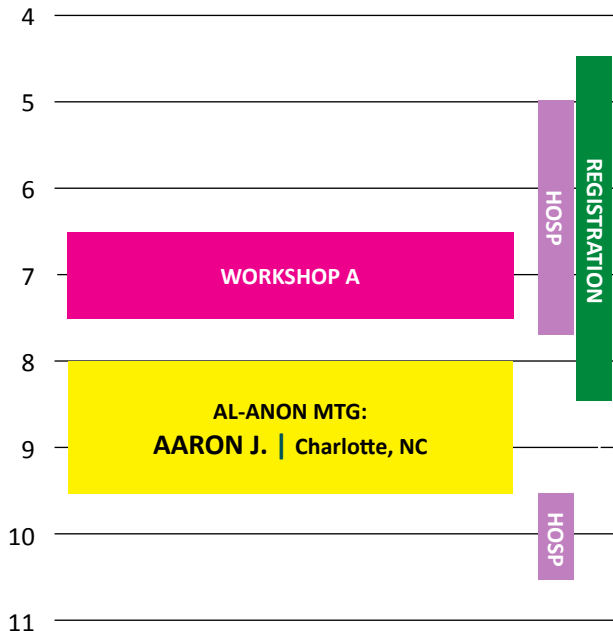
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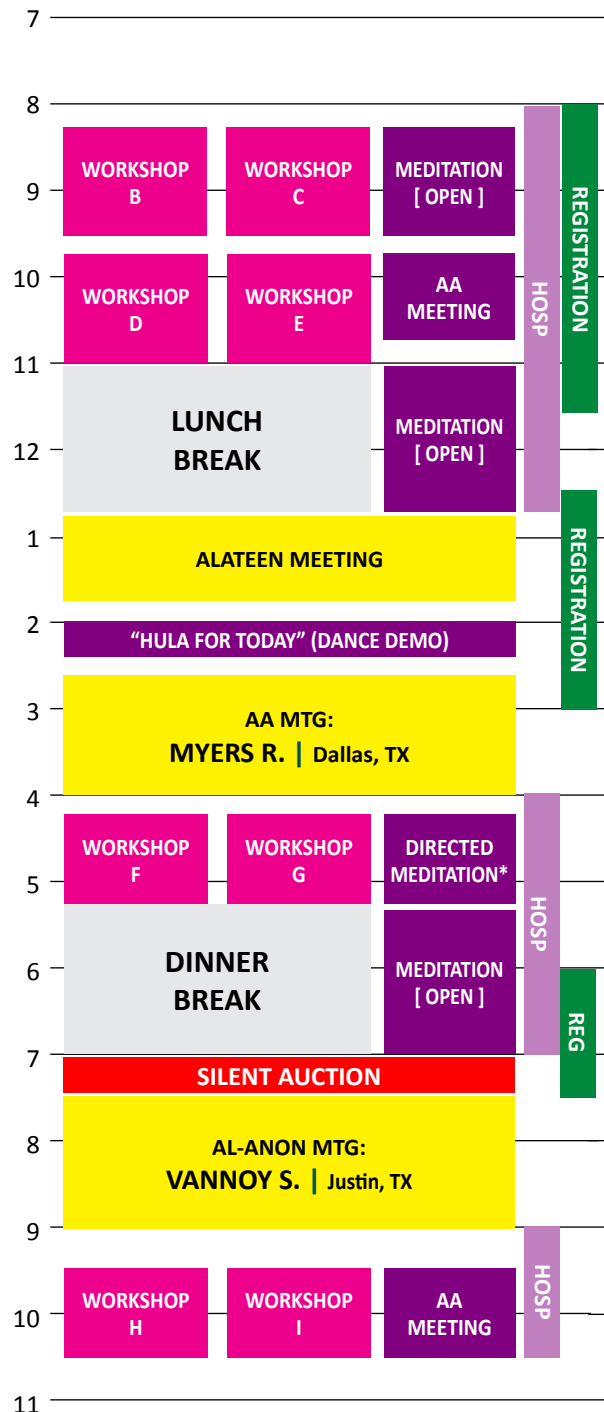
ANONYMITY STATEMENT

“There may be some who are not familiar with our Tradition of personal anonymity at the public level. If so, we respectfully ask that no Al-Anon, Alateen, AA speaker or member be identified by full name or picture in published or broadcast reports of our meeting. The assurance of anonymity is essential to our efforts to help other families of alcoholics.”

REGISTRATION HOSPITALITY
FRIDAY [PM]



SATURDAY



SUNDAY [AM]



AA DISCUSSION MEETINGS:

SATURDAY – CAHABA ROOM

9:45 – 10:45 AM 9:30 – 10:30 PM

AL-ANON WORKSHOPS:

- A. NILE ROOM 2 (FRI: 6:30 – 7:30 PM)
“New to the Dance?”
- B. NILE ROOM 1&2 (SAT: 8:15 – 9:30 AM)
“The Emotions of the Dance”
- C. AMAZON (SAT: 8:15 – 9:30 AM)
“The Al-Anon Waltz”
- D. NILE ROOM 1&2 (SAT: 9:45 – 11:00 AM)
“C’mon Baby, Let’s Do the Twist”
- E. AMAZON (SAT: 9:45 – 11:00 AM)
“The Dance Instructor”
- F. NILE ROOM 1&2 (SAT: 4:15 – 5:15 PM)
“Happy Feet”
- G. AMAZON (SAT: 4:15 – 5:15 PM)
“What’s My Dance Routine?”
- H. NILE ROOM 1 (SAT: 9:30 – 10:30 PM)
“Ouch! You Stepped on My Toes”
- I. NILE ROOM 2 (SAT: 9:30 – 10:30 PM)
“Dancing with the Stars”
- J. AMAZON (SUN: 8:00 – 9:00 AM)
“Dance Lessons, Anyone?”

* A Non-Conference Approved Program

